

*finding*

# BALANCE

N A T U R A L   S K I N   T R E A T M E N T S

## **A Treasure from the Sea**

Understanding the Importance of Collagen for Skin Health and Youthful Appearance

## **Revitalize your Skin**

The Importance of Scrubs for a Healthy Glow



## **The Hydration Hero**

Unveiling the Natural Magic of Hyaluronic Acid

## **The Power of Toners**

Unlocking the Benefits for Flawless Skin

# **Supercharge Your Skincare**

The Importance of Serums containing pomegranate oil for Targeted Treatment and Nourished Skin



b a l a n c e c a p e t o w n . c o m

2023|2024



## What started as a dream is reality ...

The Balance Cape Town skincare products range from serums to botanic soaps, from essential oil spritzers to skin therapy candles.

This is an all-natural, sustainable skin care business and one, that proudly falls under the artisanal banner.

Debbie Jackson, founder, and manufacturer, believes the Balance Cape Town ethos resonates with people who are passionate about natural, non-toxic products, who care about recycling and who support local business and sustainability.

Every ingredient in the range is locally sourced and every product produced comes with its own unique story.

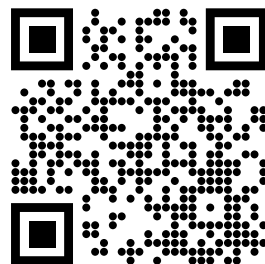
Share in our success as a skincare customer, as an affiliate marketer, a retail wholesaler or distributor.

Yours in Wellness

*Debbie Jackson*

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debbie@balancecapetown.com



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Wholesale Retailer.*



Ask your Distributor for more information.

# Finding Balance

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*finding*

# BALANCE

J O H A R I N A   G L A S S P O O L



I joined the Balance Cape Town Team in March 2022, after attending a workshop that Debbie Jackson presented. I was sold on the natural, essential oils, the uplifting fragrances and the way my skin responded to the skincare products.

I am now a Distributor- and being a teacher at heart - I thrive when I present workshops, teaching the attendees about the products, explaining the benefits and being witness to the excellent results!

We currently live in Namibia but because Balance CT is such a flexible business, I can manage workshops and markets in both countries, serving my clients effortlessly!

The things that I Love to do is studying the Word of God, hiking, spending time in nature and my garden and last but not least playing with my grandchildren.

My motto in life is:

*Be kind. Love  
deeply and be present  
in the moment!*

**GET IN TOUCH  
WITH JOHARINA**

Cell Nr: 082 879 8612

E-mail: joharinad@gmail.com

## **BENEFITS**

High levels of punicic acid not found anywhere else. Targets the signs of aging. Powerful antioxidant and anti-inflammatory.

## **COMEDOGENICITY**

1/5

Very unlikely to clog pores. Suited for all skin types, especially aging skin.

## **SUSTAINABILITY**

Low waste fruit oil is very sustainable. No red flags for humanitarian or sustainability concerns.



Why we  
**love**  
**Pomegranate**  
Seed Oil

# The Vital Role of Cleansers

## A Must-Have for Healthy Skin

*Taking care of your skin is an essential part of a healthy lifestyle. Whether you have oily, dry or combination skin, it is crucial to keep it clean, hydrated and protected from the harmful effects of the environment.*

### Suggested Products based on your Skin Type:

#### **Dry/Sensitive Skin**

Marula and Sweet Orange Cleansing Oil  
Ingredients: marula oil, sweet almond oil, grapeseed oil, sweet orange and neroli essential oils.

100ml / R 285

#### **Oily/Blemished Skin**

Oats Soap Bar  
Ingredients: coconut oil, kaolin clay, shea butter and oats, 100gram / R 85

#### **Balanced Skin**

Skin Renewal Milk Cleanser  
Ingredients: pomegranate oil, aqua, lauryl glucoside, glycerine vegetable, citric acid, xanthan gum, essential oils, 100ml / R 205

#### **Sensitive Skin**

Coconut Soap Bar  
Ingredients: coconut oil, kaolin clay, shea butter, 100gram / R 85



**Little Extra's**

Pink or White CleanCloth microfiber cleansing mitt **R160**

Double Value Pack (1 of each colour) **R295**

Crochet cotton facial cloth **R100**

Crochet cotton facial pads (6) **R105**



*Once or twice a week, use a gentle exfoliant to remove dead skin cells and unclog pores over your entire body. This will help to prevent breakouts and keep your skin looking radiant.*

**Face & Body | Dry or Sensitive Skin:**

Marula & Sandalwood Sugar Mask 50ml glass jar.

Ingredients: marula oil, sugar, sweet orange, cedar and frankincense essential oils

(includes silicon mask brush) / **R185**

Refill Only - 50ml / **R155**

**Face | Oily / Blemished Skin:**

Kaolin Rose & Pomegranate Mud Mask

Ingredients: kaolin clay, rose water, pomegranate seed oil, essential oils (includes silicon mask brush)

50ml glass jar / **R255**

**Full Body**

Savannah, coconut fragrance Luxe Body Scrub with fine Himalayan salt, shea butter, grapeseed oil and fragrance, 200ml PET jar / **R195** **SOLD OUT**

**Nourishing Booster for all-over Body pamper:**

Savannah, coconut fragrance Luxe Body Butter with avocado, shea butter, soy and fragrance,

200ml PET jar / **R 215** **SOLD OUT**



# Revitalize Your Skin

The Importance of Scrubs for a Healthy Glow



# The power of Toners

Unlocking the Benefits for Flawless Skin

**T**oners play a crucial role by helping balance the skin's pH levels, removing any remaining impurities after cleansing, and preparing the skin for better absorption of layered skincare products.

Toners also help hydrate and moisturize the skin, tighten pores, and provide a refreshing and soothing affect.

## Dry / Balanced Skin

Skin Renewal Facial Spritzer  
with rose water & essential oils  
100ml / R155

## Oily / Blemished Skin

TeenScene Body Spritzer  
with witch hazel & essential oils  
200ml / R165

## Little Extra

Include the use of the  
Relaxing Pillow Mist  
in your evening beauty routine  
to relax and de-stress

100ml / R155



**P**ure Marine Collagen Peptides is often considered the better source of collagen. Firstly, marine collagen peptides are sourced from fish scales and skin, making it more easily absorbed and utilized by the human body compared to the bovine variety which is derived from cows.

Additionally, the **Balance Cape Town marine collagen** has a smaller molecular size, allowing it to penetrate the skin more effectively and provide better results in terms of hydration, elasticity and anti-aging benefits.

*Dosage: 10g per day.*

*Can be dissolved in coffee, yoghurt, water etc. Heat will not affect the efficacy of the collagen.*

A close-up photograph of a single seashell resting on a dark, pebbly beach. The shell is light-colored with distinct vertical ridges and a slightly domed shape. The background is a soft-focus view of the ocean waves breaking on the shore under a hazy sky.

a treasure from  
**THE SEA**

Understanding the Importance of Collagen for Skin Health and Youthful Appearance

Pure Marine Collagen Peptides,  
(Halaal & Kosher approved),  
10gram per day,  
**250gram / R455**

Age Control Cream  
with Pure Marine Collagen,  
Marula and Essential Oils  
**50ml / R375**



*\* Consult your physician prior to using should you be on chronic medication, suffer allergies and/or are pregnant or lactating. Pure Marine collagen is made from fish skin and bones.*

*\* BCT will not be held liable or accountable should this step be omitted*

**P**omegranate oil is an excellent ingredient in our skincare that can help to improve the appearance and health of the skin due to being an excellent source of antioxidants and essential fatty acids making it beneficial for the skin in several ways:

**Anti-Aging** – high levels of antioxidants.

**Moisturizing** – rich in essential fatty acids including omega-5

**Anti-Inflammatory** – beneficial for skin conditions such as eczema, psoriasis, and acne

**Brightening** – high level of Vitamin C

**Sensitive / Chronic Skin Conditions:**

Pomegranate Concentrated Serum  
30ml / R300

**Oily / Blemish Skin:**

Pomegranate Face and Body Elixir  
50ml / R295

**Balanced Skin:**

Skin Renewal Double Serum  
30ml / R355

**Dry / Dehydrated Skin:**

Marula & Pomegranate Facial Oil  
30ml / R365

# Supercharge Your Skincare

The Importance of Serums containing Pomegranate Oil for Targeted Treatment and Nourished Skin





Hydrating Elixir

30ml / R295

-Apply on a clean, damp skin twice daily

# The Hydration Hero

Unveiling the Natural Magic of Hyaluronic Acid

**T**hink plump, hydrated and youthful – these are the incredible benefits of using the Skin Renewal Hydrating Elixir on your skin. A unique blend of hyaluronic acid, aloe vera, rose water and essential oils to ensure your skin is at it's beautiful best.

“ Fall in **love**  
with taking **care**  
of **yourself** ”

-BALANCE CAPE TOWN





Little extra's that make a difference!

# PAMPER AND GLOW

## Skin Rollerball Treatments

**Acne Remedy** – a blend of essential oils known to have an antiseptic healing benefit.

**All about Nails** – a blend of essential oils which reduce inflammation and promote healing. (available in a roller ball or brush on applicator)

**All about Eyes** – a blend of essential oils and marula to soften and plump fine lines around the eye and mouth area.

**Pomegranate Concentrate** – 80% concentrated pomegranate oil for healing skin irritations, burns and bites.

**Love Me** – a blend of 10 different essential oils to promote well-being .

**Cool me Down** – a blend of essential oils known to reduce stress, anxiety and heat.

each / R115

**Special Offer: Buy 5 get ONE free!**

## Lip Therapy Lip Balms

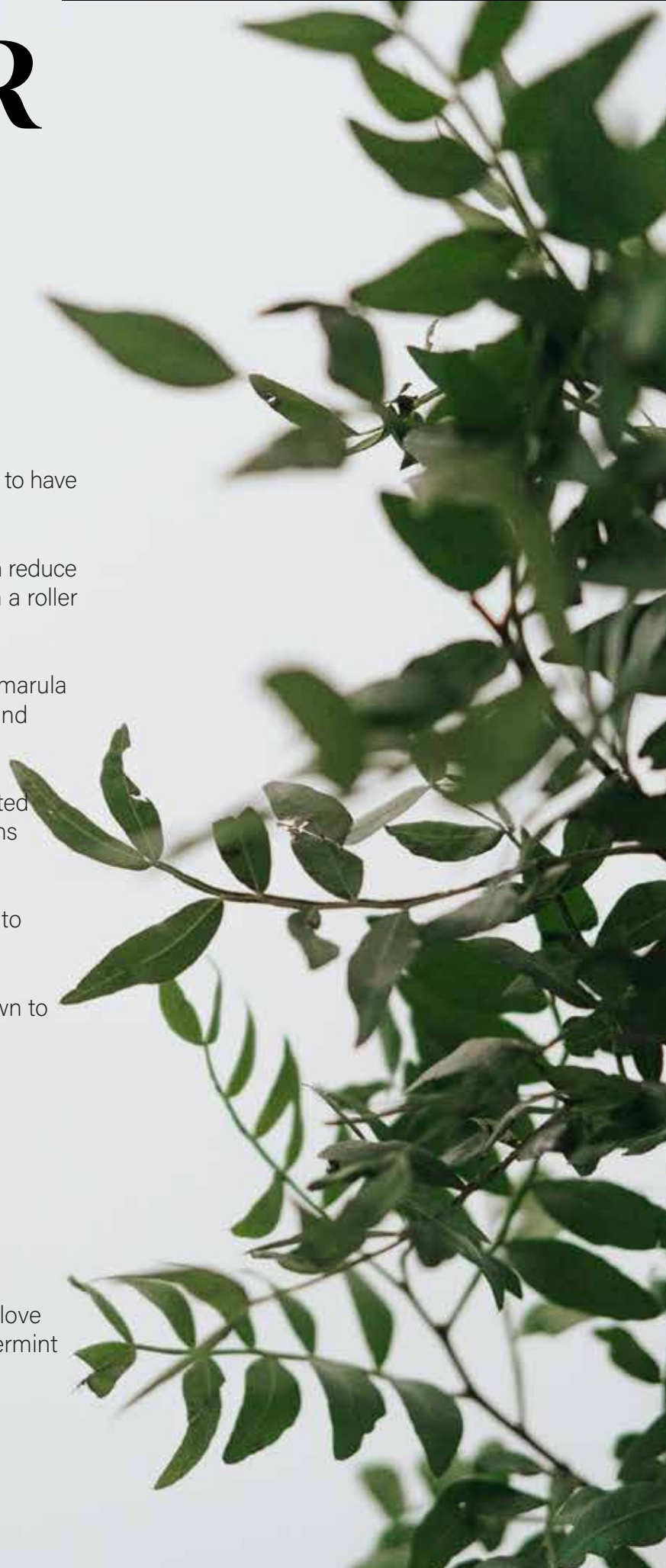
**Pomegranate Crush** – pomegranate oil and clove

**Peppermint Crush** – pomegranate and peppermint

**Natural** – pomegranate and tea tree

each / R65

**Special Offer: Buy 6 get ONE free!**







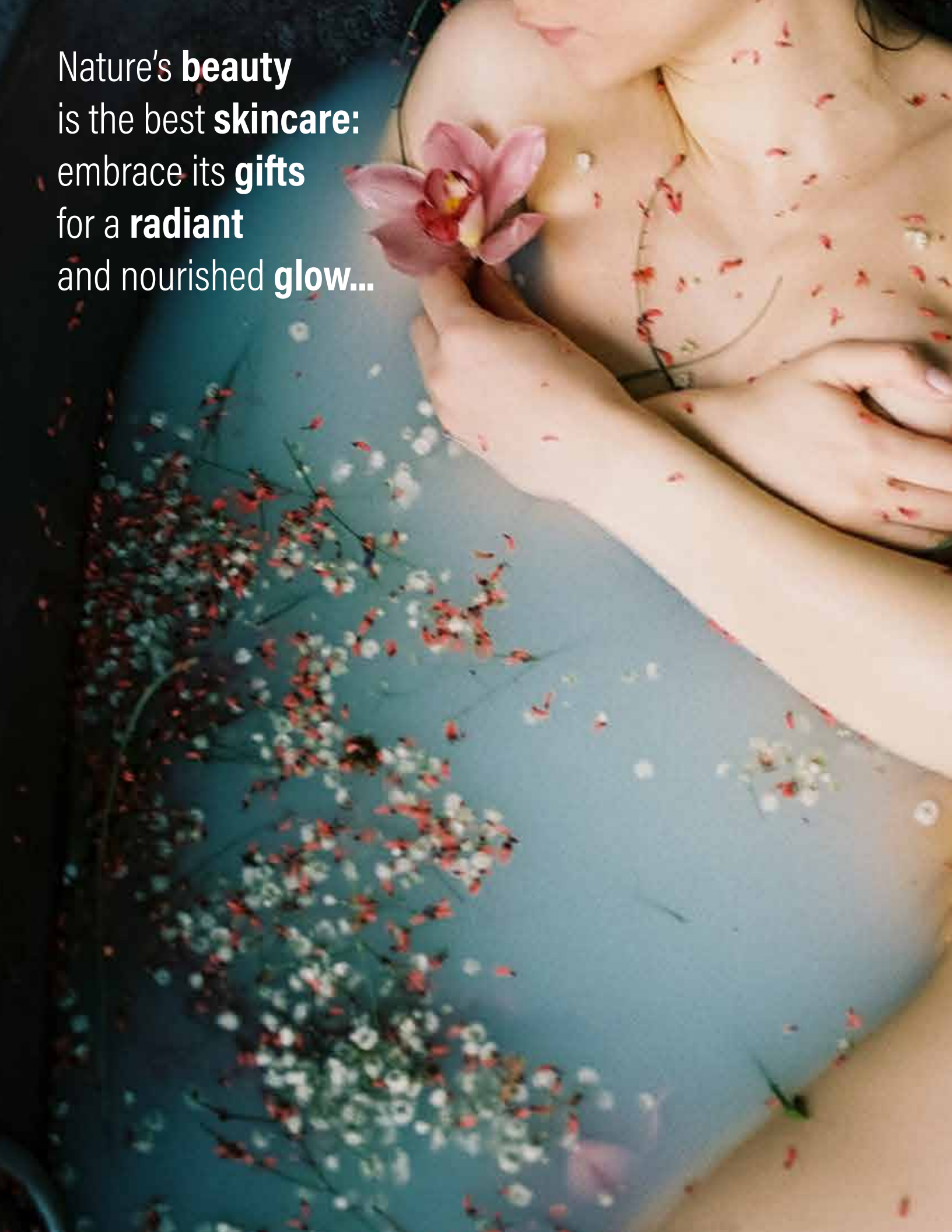
Embrace the  
**Sensual Power  
of Flowers**

Introducing  
the floral fragrance of  
**Blom No2**  
**S K I N C A R E**

**B**lom No2 floral fragrance skincare offers more than just a pleasant scent - Using a floral fragrance is a mood-lifter. The delicate scent of lilies, iris, vanilla and spun sugar evoke beautiful, positive emotions and creates a sense of warmth and sensuality.



Nature's **beauty**  
is the best **skincare**:  
embrace its **gifts**  
for a **radiant**  
and nourished **glow...**



Vegan Soap Bar with CBD & Rosemary  
100gram / R90

Pomegranate & CBD Scalp and Body Oil  
30ml / R355

Canna Healing Ointment  
50ml / R360

Original Lip Balm  
50ml / R115 **SOLD OUT**

Ginga's Pot Candle  
100ml / R195



# The Power of CBD in Skincare

**G**inga's products are a unique blend of pomegranate oil and CBD, with rosemary extract and sweet orange essential oil. Cannabidiol (CBD) has shown results in reducing inflammation and alleviating skin conditions. It can also interact with receptors in the skin potentially reducing symptoms of conditions like, acne, psoriasis and eczema.



# Pamper your Pooch

Explore the benefits of CBD Skincare for Dogs for Healthy Skin and Coat

**U**sing only 'dog-friendly' essential oils in low dosages we have blended two very special ingredients: pomegranate oil and CBD to produce these unique grooming treatments to keep your dog's skin and hair in tip-top condition

Snout & Paw Balm

Ingredients: shea butter, avocado butter, CBD, pomegranate seed oil, essential oils

20ml / R150

Skin Soother with CBD

Ingredients: pomegranate seed oil, grapeseed oil, CBD 2mg, essential oils

30ml / R355

10% of the retail price on each of the Ginga's Canine products will be donated to **SAACA**

**Ginga's**  
CANINE



# SAACA

Creating awareness of cancer in animals

The Southern African Animal Cancer Association (SAACA), was established as a need for animals with cancer. As only the 4th organisation of it's kind in the world, SAACA will fill the gap to assist with research, sterilization campaigns and education about animal cancer. While the first organisation in Africa to focus on cancer and animals SAACA's main objective is to work with Ond erstepoort as a research institute, and is partnering with the faculty of Veterinary Science, University of Pretoria, who will be conducting research on animals with cancer.



**SAACA - THE SOUTHERN AFRICA ANIMAL  
CANCER ASSOCIATION  
NPC# 2020/604314/08**

*Every product of Gingas' Canine sold allows us to donate 10% of the retail price to SAACA for ongoing research and treatment offered to animals with cancer in Southern Africa*

Read more about the work  
SAACA does

**[www.saaca.org.za](http://www.saaca.org.za)**

Discover your Path to Radiant Skin at a Steal!  
 Purchase the  
**Skin Renewal Duo**  
 or **Marula Duo**  
 to receive a **FREE**  
*gentle Exfoliating Facial Brush*



Skin Renewal Duo: Skin Renewal Milk Cleanser and the Skin Renewal Facial Spritzer



Marula Duo: Marula and Sweet Orange Cleansing Oil and All about Eyes

**2 in 1 Exfoliating Facial Brush**

Gentle yet effective, cleans and exfoliates ensuring an all-over clean feeling.

Easy to use facial brush with two applications. Use the soft bristle for lathering facial products, and the rejuvenate brush to exfoliate

**R129**



an introduction to the  
**Balance Skincare Value Kits**  
 for a Complete and Effective Skincare Routine



### Age Defying Collection

#### Kit contains:

Full size: Marula & Sweet Orange Cleansing Oil, All about Eyes, Marula & Sandalwood Sugar Mask, Age Control with Marine Collagen Cream, Marula & Pomegranate Facial Oil

**R1000**

saving you **R330!**

### Skin Renewal Collection

#### Kit contains:

Full size: Skin Renewal Cleansing Milk, Skin Renewal Facial Spritzer, Skin Renewal Double Serum, Skin Renewal Hydrating Elixir

**R800**

saving you **R210!**

### TeenScene Collection

Full size: TeenScene Body Spritzer, Pomegranate Face & Body Elixir, Acne Remedy, Oats Vegan Soap Bar

**R540**

saving you **R120!**

### Ginga's the Original CBD Collection

Full size: Gingas Vegan CBD & Rosemary Soap Bar, Ginga's Canna Healing Balm, The Original Lip Balm, Ginga's Pot Candle, Ginga's Pomegranate CBD Scalp and Body Oil

**R900**

saving you **R220!**

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# Balance *what's happening @*



## Make your Own

*Our uniquely personal workshops offer fun ways to create your own  
aromatherapy perfume, body cream, skin therapy candles and wax melts!*

*For more information please contact your Distributor or enquire directly at  
[info@balancecapetown.com](mailto:info@balancecapetown.com)*

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2023 | 2024