

finding

BALANCE

G I F T S W O R T H G I V I N G

An Introduction to Scents & our Senses

Aromatic Alchemy for Mind, Body and Soul

NEW!

A festive mantelpiece decoration
- Limited Edition

Scented Rooms

- Bedroom
- Bathroom
- Living Room
- Office
- Kitchen



The Natural Alternative

Discover the Benefits of
Soy Firelighters for a
Cleaner and Safer Fire

Placing the Spotlight on the

Personalised Candle

b a l a n c e c a p e t o w n . c o m



2023|2024



Discover our collection of locally produced, affordable & unique scented gifts, all offering the perfect gifting options.

What's Trending in Gifting for 2023/2024?

In a world filled with mass-produced goods, there is something truly special about receiving and giving artisanal scented products. Artisanal scented gifting has become the choice for those seeking to elevate the joy of giving products that have been handcrafted with **Love!**

Our collection of porcelain products, skin therapy candles, room diffusers & sprays are made by passionate and skilled artisans. From selecting the finest ingredients to meticulously blending fragrances, every step is taken with care and attention to detail. This ensures that our gifts are unique and of the highest quality.

A huge trend for this year is personalization – and we have met this need with our own Personalized Candle. From choosing a specific fragrance to adding a personalized label – these candles are tailored to suit the recipient's preferences, or to commemorate a special occasion.

This personal touch adds an extra layer of thoughtfulness and makes the gift truly one-of-a-kind.

And the Balance Skin Therapy Candles remain a winner!

A bespoke blend of premium soy and shea butter with various essential oils added to relax, induce wellness, or uplift the spirit. These gorgeous candles are presented in handcrafted white porcelain jugs created by renowned ceramist, Rika Haasbroek.

We offer an easy to make yourself candle refill which you simply melt in your microwave and pour into suitable heat-resistant containers (think gran's old China cups, even handcrafted cement jars...)

How to choose?

We are often asked which fragrance or product is best suited for which room or space - read our guide to finding the perfect scent or item for that dedicated space in your home.

Artisanal gifting is a delightful way to elevate the joy of giving. The power of scent, the craftsmanship, personalization, and sustainability all come together to create a truly special and meaningful present.

Whether it's for a birthday, anniversary, or a gift to me from me, consider the allure of a Balance Cape Town artisanal scented gift and make your next present a sensory experience to remember.

Yours in Fragrance

Deb

Kindly contact info@balancecapetown.com for details on how you can elevate your brand by including our artisanal scented gifts under your own label in your collection

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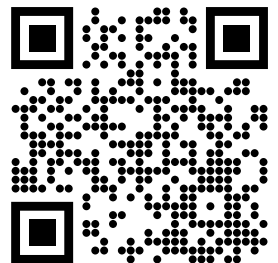
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Finding Balance

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finding

BALANCE

J O H A R I N A G L A S S P O O L



I joined the Balance Cape Town Team in March 2022, after attending a workshop that Debbie Jackson presented. I was sold on the natural, essential oils, the uplifting fragrances and the way my skin responded to the skincare products.

I am now a Distributor- and being a teacher at heart - I thrive when I present workshops, teaching the attendees about the products, explaining the benefits and being witness to the excellent results!

We currently live in Namibia but because Balance CT is such a flexible business, I can manage workshops and markets in both countries, serving my clients effortlessly!

The things that I Love to do is studying the Word of God, hiking, spending time in nature and my garden and last but not least playing with my grandchildren.

My motto in life is:

*Be kind. Love
deeply and be present
in the moment!*

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Scented Rooms

Your guide to finding the perfect fragrance item for that dedicated space in your home

- Bedroom
- Bathroom
- Living Room
- Office
- Kitchen



Your Bedroom

scents to relax & unwind

-think **Skin Therapy Candles** available in 5 gorgeous fragrances. These candles offer a soft fragrance throw, and once melted, the oil can be used on the skin to nourish and pamper.

-think **Small Wardrobe Refresher**, the perfect mini scented item to freshen drawers, wardrobe and linen closets.

-think **Diffuser**, choose from either a traditional reed, the sophisticated Blom No2, or the gorgeously unique porcelain diffuser available in 7 fragrances. Diffusers offer a soft fragrance throw.

-think **Relaxing Pillow Mist** with essential oils to relax and assist with encouraging sleep.





Your Bathroom

quick long-lasting refresh options

-think **Room & Linen Perfume** to spritz up hand towels, loo rolls or spray directly into the air.

-think **Kitchen Refresh** if you love zesty citrus to freshen a space.

-think **Porcelain Diffuser** for something pretty and appealing that offers a long-lasting scent throw.

Your Living Area

-think **Aroma Wax Burner** for a more intense fragrance – use with Soy Wax Melts or Fragrance Oil.

-think **Room & Linen Perfume** to refresh throws, cushions, curtains.

-think **Kitchen Candle** with its nostalgic enamel bowl and 4 cotton wicks. Perfect for casual dining.

-think **Scent Library** with a choice of perfumed tealights to match your every mood.



Your Study or Home Office

-think **Porcelain or Reed Diffuser** for a subtle, non-invasive fragrance.

-think **Scent Library** with a choice of perfumed tealights to uplift.




Your Kitchen

-think **Kitchen Refresh Spray**: a fresh, zesty, lemongrass and ginger fragrance.

-think **Kitchen Candle** with its nostalgic enamel bowl and 4 cotton wicks.

-think **All-Purpose Kitchen Cleaner** as a natural cleaner and boasting a strong lemongrass fragrance.





Scents have a profound impact on our emotions and memories. Artisanal scented gifting offers a sensory experience that goes beyond just the visual appeal. The carefully curated fragrances can transport us to different places, evoke cherished memories, or simply create a calming and indulgent atmosphere.

So let the captivating scents of Balance be your guide...

an Introduction to
**Scents and
our Senses**
Aromatic Alchemy for Mind, Body and Soul



explore floral & fruity

Floral: peony, neroli, lavender, Damascus rose, rose geranium, iris | Fruity: mandarin, orange, fig

Scent Family 1 Fragrance Options:

Blom No2 (*iris, lily, vanilla and spun sugar*)

Clarens (*Damascus rose and citrus*)

Napier (*green fig and coconut*)

My Happy Space (*Damascus rose, neroli, clary sage*)

Let's Create (*bergamot, grapefruit, pink pepper, mandarin*)

White River (*sweet orange and aloe*)

Ginga's Pot Candle (*rosemary and sweet orange*)

Conjure up exotic places with the warmth of spice

(coriander, black pepper, pink peppercorns, ginger)

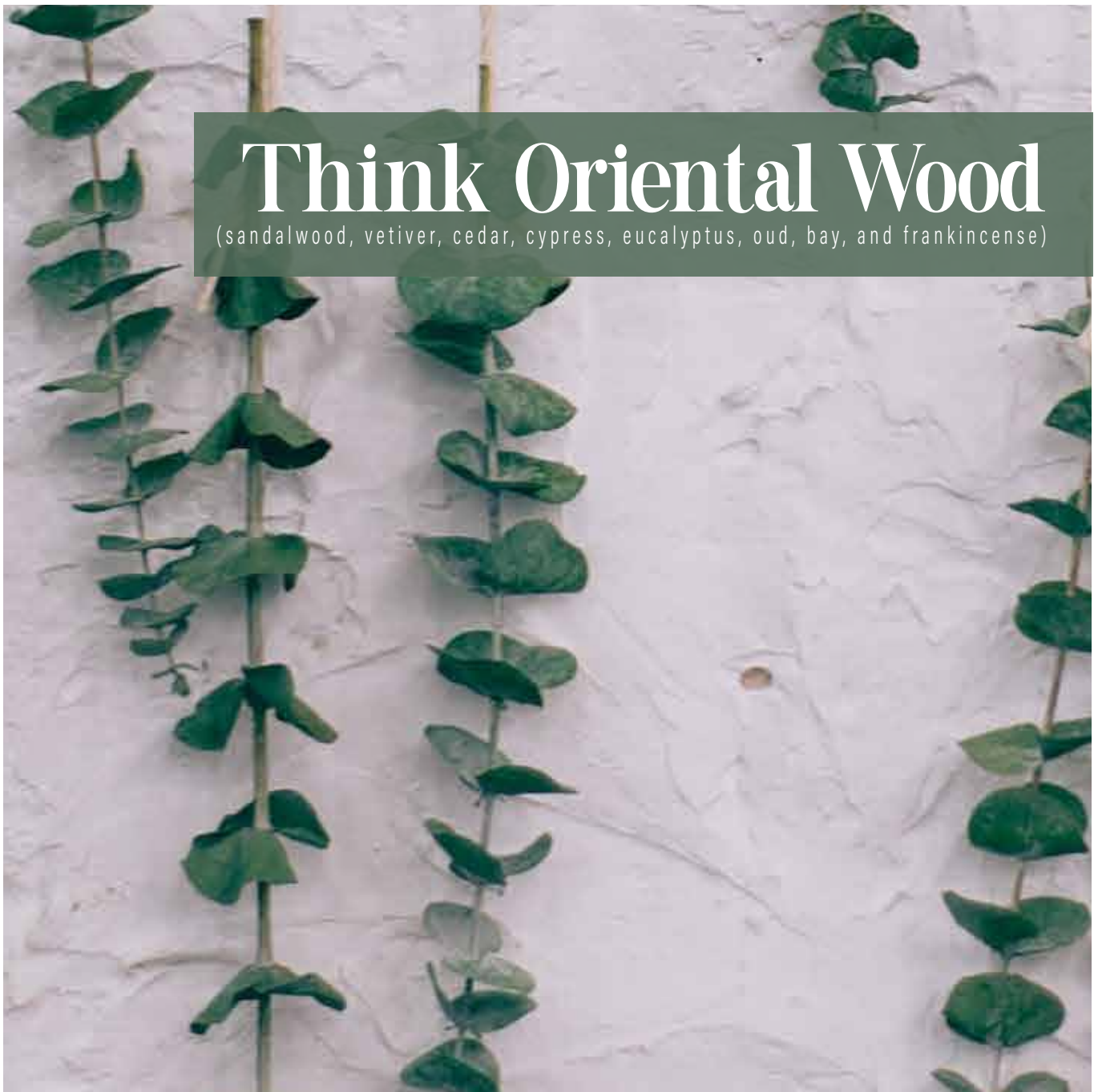


Scent Family 2 Fragrance Options:

BoKaap (*warm spices and oud*)

Let's Create (*bergamot, grapefruit, pink pepper, mandarin*)

Coffee Bay (*coffee beans and vanilla*)



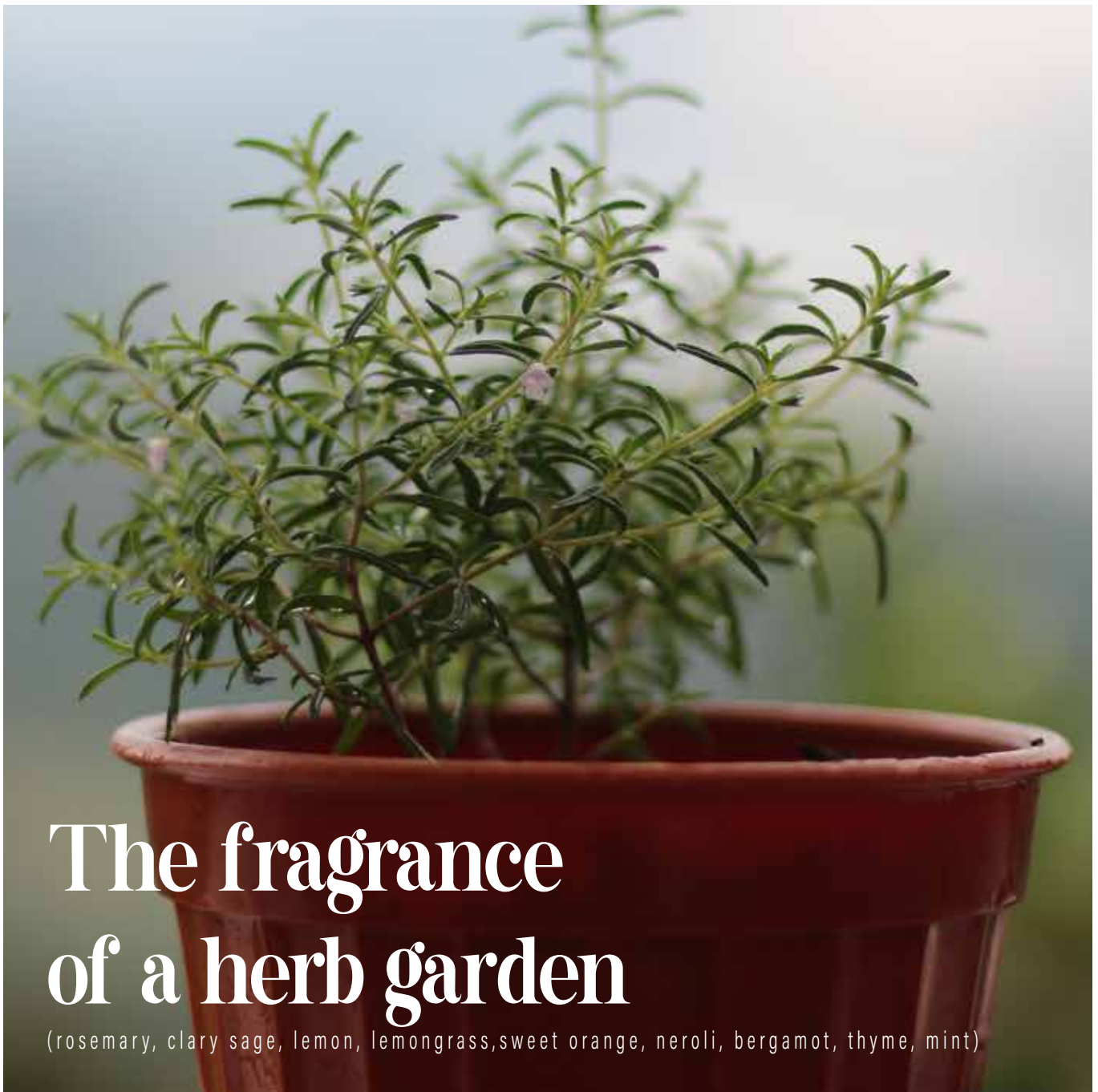
Think Oriental Wood

(sandalwood, vetiver, cedar, cypress, eucalyptus, oud, bay, and frankincense)

Scent Family 3 Fragrance Options:

In the Bushveld (*cedar, vetiver, and smoky wood*)

BoKaap (*oud and warm spices*)



The fragrance of a herb garden

(rosemary, clary sage, lemon, lemongrass, sweet orange, neroli, bergamot, thyme, mint)

Scent Family 4 Fragrance Options:

Wild Coast (*wild mint and bergamot*)

Ginga's Pot Candle (*rosemary and sweet orange*)

Kitchen by Balance (*lemongrass, lime, and ginger*)

Skin Therapy Candles

A Unique & Luxurious way to enhance your space & create a Body Pamper Experience

Made from the natural oils of shea, soy and avocado, and blended with essential oils, to create a multi-purpose product that combines the benefits of aromatherapy, relaxation, and skin nourishment.

When lit, the candle creates a warm and inviting ambiance, while releasing it's fragrant aroma. Once melted the oil can be poured directly onto the skin, providing a delightful sensory experience that promotes relaxation and rejuvenation.

Options available:

Ginga's Pot Candle (using the Skin Therapy base) with CBD and Rosemary, available in an amber glass jar with lid.

150ml / R195

Skin Therapy Candle, presented in a white handcrafted porcelain jug & calico bag.

150ml / R305

Fragrance Options:

**My Happy Space,
In the Bushveld,
Blom No2,
Let's Create**



Choose a specific fragrance and add a personalised label and message.

Our personalised candle can be tailored to suit the recipient's preferences or to commemorate a special occasion.

A unique gift experience with an extra layer of thoughtfulness and makes this gift truly one-of-a-kind

How to order:

1: Go to Personalised Candle on the online webshop

2: Choose your Fragrance

(Blom No2, White River, Wild Coast, BoKaap, Napier, Clarens, Let's Create, My Happy Space, In the Bushveld, Coffee Bay, Ginga's Pot Candle)

Include:

3: Name of recipient

4: Message no longer than 25 words in the comments section on the Check Out Page

Please allow 14 working days for delivery

Personalised Candle presented in a calico bag and housed in an amber glass jar with lid.

150ml | R235



Placing the Spotlight on the

Personalised Candle

Fragrance Options:

Blom No2, White River, Wild Coast, BoKaap, Napier, Clarens, Let's Create, My Happy Space, In the Bushveld, Coffee Bay, Ginga's Pot Candle



Heat resistant pouch with wick, sticky dot, wick stabilizer.

150ml | R165

Skin Therapy Candle Refill Pouch

Refilling your candle has never been easier. The unique blend of oils is packed in a heat resistant pouch, included is one cotton wick, one sticky dot to secure your wick to the container base, 2 wooden wick stabilizers. Trim the top of the pouch, remove bag with the wick, place the pouch in the centre of the microwave and heat for 1 - 2 minutes until the oils are melted.

Do NOT Overheat - this damages the oils and the fragrance evaporates. Pour, allow to set for 5 - 7 days, trim the wick (0,5mm) Light and Enjoy!



Available in 7 fragrances:

Coffee Bay, White River, Wild Coast,
Blom No2, Napier, Clarens and BoKaap

Room and Linen Spray

Gift boxed, and presented in a silver
and glass decorative bottle.

40ml | R155

Elevate your Space

For a quick burst of long-lasting fragrance, Room and Linen Sprays are a go-to of choice.

Our Room & Linen Perfumes can safely be used on throws, curtain linings, cushion covers and other soft furnishings (*always do a patch test first, and spray a minimum of 30cm distance from the item*). Add 5ml to your rinse water in place of fabric softener, and even to your rinse water when washing wood, laminated or tiled floors.

When choosing your fragrance consider the purpose and mood you want to create
- relaxing? uplifting? Inviting? zesty freshness? romantic?

Unleash the Subtle Aromas

Dive into the world of perfumed diffusers—the bespoke Porcelain Art Diffuser & the more traditional reed diffusers.

Porcelain Art Diffuser: If you prefer a more subtle and continuous fragrance then the porcelain diffuser is for you.

This pack contains 20ml of fragrance oil and a handcrafted ribbon-bedecked porcelain disc that has been infused with fragrance oil. The diffuser can hang on the ribbon or be placed on a decorative plate or bowl.

The perfume art diffuser is low-maintenance and needs a drop or two of fragrance oil weekly for a long-lasting fragrance option.

Available in 7 fragrances:

Coffee Bay, White River, Wild Coast, Blom No2, Napier, Clarens and BoKaap

Porcelain Art Diffuser

Gift boxed, with a Fragrance Oil of your choice,

20ml | R265

Fragrance Oil,

50ml | R195

(can be used in an electric diffuser)





Blom No2

– our signature fragrance that is unmistakably feminine, with notes of blooming irises and lilies, the warmth of spun sugar and vanilla and the freshness of orange blossoms.

This fragrance matches the sophistication of the sleek modern yet feminine decanter complete with silver collar.

Blom No2 Gift boxed, white glass decanter with silver collar, 5 white reeds

125ml | R255

**Refill Reed Oil,
100ml, R175**



Traditional & Ever Popular

The traditional reed diffuser offers an affordable, more continuous, fragrance than any other home fragrance option. As a low maintenance alternative, the concentrated fragrance liquid can last for several weeks making this a great long-lasting product. Simply flip the reeds regularly for a burst of scent.

Available in 6 fragrances:
Coffee Bay, White River, Wild Coast, Napier, Clarens
and BoKaap

Reed Diffuser Gift boxed, heavy based glass jar with silver collar, 5 natural reeds, fragrance,
125ml | R255

Refill available,
100ml, R155

Indulge in Scented Serenity

Discover the World of Soy Melt Burners

Your fragrance options: Coffee Bay, White River, Wild Coast, Blom No2, Napier, Clarens and BoKaap

Aroma Burner gift boxed, handcrafted wooden burner with stainless steel wax holder and tealight, **R165**

Scented Soy Melts gift boxed, 24 squares of perfumed soy, **R105**



Our handcrafted wooden burner is unique to Balance Cape Town – if you prefer a natural and eco-friendly home scent option then the Balance Aroma Burner is the perfect choice. The Aroma Burner disperses high intensity fragrance into the air, creating the ambience you desire.

Select your scented wax melts, place a few blocks in the stainless-steel wax holder and light the tealight. As the heat gently melts the wax, the aroma will fill the room. You can experiment with combining different fragrance options to create your own blend, allowing you to personalize your home's scent to your liking.

Available in 7 fragrances:
Coffee Bay, White River, Wild
Coast, Blom No2, Napier, Clarens
and BoKaap

Single tablet presented in a
hanging box for easy use, **R85**

Revitalize your Small Spaces with Scented Wardrobe Fresheners

This highly fragranced soy wax tablet – decorated with dried botanics and ribbon makes a perfectly affordable gift. Slip over a hanger to freshen your linen or clothes wardrobe, nestle amongst your delicates or place on a decorative plate to catch the eye and the nose!

Discover the World of Scent

Explore a Fragrance Wonderland with the Scent Library Collection



Explore a Fragrance Wonderland with the Scent Library Collection. Our wooden 'library' is created to showcase the lit tealights decoratively and safely.

Scent Library Gift box contains a handcrafted wooden 'library house' and 7 scented tealights (one in each of the available fragrances), **R195**



Scent Library Tealight Refills

Enhance your Space with Fragrant Tealight Candles

The most affordable highly fragranced small candles. Each tealight has approximately 2 - 3 hours burning time depending on where placed - when lit place on a level surface and out of draughts for the best burning experience.

Fragrance options: Coffee Bay, Wild Coast, White River, Clarens, Napier, BoKaap and Blom No2

Gift boxed, **8 perfumed tealight candles, R95**

NEW!

A festive mantelpiece decoration - Limited Editon

Get in the holiday mood with these lazer cut perspex bespoke mantelpiece decorations. Designed to resemble a little 'village' each of the three houses: a church, an inn and a little house, have their own rough cut wooden stand. Purchase the Scent Village with 6 fragranced tealights in your favourite scent.



Fragrance options: Coffee Bay, Wild Coast, White River, Clarens, Napier, Bokaap, Blom No2 and a NEW FESTIVE SCENT, Spicy Biscuit

Gift boxed, 3 houses, 3 wooden stands, 6 scented tealights

R245 **SOLD OUT**

Kitchen Candle

A nostalgic presentation in a white enamel bowl wrapped in a full-size cotton dishtowel embellished with dried botanics. This paraffin candle contains 4 cotton wicks, and offers over 30 hours burn time (ensure your lit candle is in a draught free spot and is on a level surface for the best burn experience)

Paraffin wax, 225ml | R300

Kitchen Refresh Spray

A completely natural room fragrance ideal to give your kitchen a total refresh.

Ingredients: aqua, lime, ginger, lemongrass

Amber PET spray bottle, 250ml | R135

Kitchen All Purpose Cleaner

A unique and natural formula to clean and freshen your kitchen surfaces

Ingredients: aqua, French Castille Soap, lime, ginger, lemongrass

Amber PET spray bottle, 450ml | R155

Kitchen Glycerin Hand & Body Soap

The perfect kitchen accessory. 100gram glycerin soap fragrancd with lemongrass and citronella

Purchase with the wooden soap dish, R155

Soap only, R85 SOLD OUT



Kitchen by Balance

Infuse your Kitchen with the Freshness of a Herb Garden

Fragrancing your kitchen with garden freshness is easy with the Kitchen range by Balance. Create that welcoming and pleasant environment while you cook and dine – making a memorable experience for you and your guests.

Fragrance Notes: Lemongrass, Lime & Ginger



The Natural Alternative

Discover the Benefits of Soy Firelighters for a Cleaner and Safer Fire

When it comes to starting fires, traditional firelighters have long been the go-to option. However with growing concerns for the environment and personal safety, it's time to explore greener alternatives. Enter the Balance Soy Firelighters – a sustainable, efficient, and dare we say pretty way to ignite fires while minimizing harm to the planet.

Gift boxed, 6 cookie firelighters | R105 **SOLD OUT**

Crochet Personal Holder, soft grey/blue, **R115**

First Aid Kit, containing a full size lip balm and 10ml Pomegranate Concentrated Serum – ideal for use on all skin irritations, burns and cuts | **R225**

Refill your kit by purchasing the **Balance Lip Balm** | **R75**

10ml Pomegranate Concentrated Serum | **R110**



A Collaboration of Creativity

The collab with Lizelle from Geliefd and Balance Cape Town has produced four gorgeous, handcrafted crochet items; the crochet personal holder perfect for business cards, bank cards, or personal toiletries; the refillable First Aid mini kit; the face cleansing pads* and the full-size face and body cloth*.

All are handmade in cotton, and the card holder and mini first aid kit feature leather details, and a magnetic clasp.

Help us support local entrepreneurs!

*Face Cleansing Pads and Face & Body Cloth are in the Finding Balance – Skin Collection

Crochet Cross-Body Bag

Our bespoke handcrafted crochet bag is made from a durable cotton yarn. It showcases a genuine leather, detachable, and adjustable strap. The flap is secured with a magnetic closure



Colour: Natural & Aqua

Cleaning instructions - remove leather straps, hand wash, allow to dry flat and reshape whilst wet

Bag size = 25cm height x 20cm width

Slingbag leather strap 1200mm x 30mm

(as these are handcrafted please allow for slight changes to sizing)

Please allow 14 days from ordering ex shipping as each item is handcrafted on order

R895

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Balance *what's happening @*



Make your Own

*Our uniquely personal workshops offer fun ways to create your own
aromatherapy perfume, body cream, skin therapy candles and wax melts!*

*For more information please contact your Distributor or enquire directly at
info@balancecapetown.com*

Nothing is more memorable than **fragrance...**

One scent can be unexpected, momentary and fleeting, and yet conjures up a childhood memory on the West Coast

